How to get to us

**By bike:** Starting out at the central station plaza, main entrance behind you, turn left onto Joachimstraße (you will see the Tourist Information on your right). Turn left onto Königstraße, direction Zoo/Congresszentrum at the next intersection with traffic lights. Pass under the train bridge, cross the next intersection with traffic lights, and follow the street until you reach the end. Keep to your left at the Musikhochschule and follow the bike path directing you to Langenhagen/Lister Turm. Stay on this bike path taking you past the city forest Eilenriede. You will pass the turn towards Lister Platz, the recreation center Lister Turm, and the turn towards Steuerndieb. After leaving the forest, keep going straight on Waldenseestraße which will take you to Hermann-Bahlsen-Allee. To the left you would go to the city train stop “Spannhagengarten,” to the right you will go towards Buchholz, Medizinische Hochschule, and to the Naturfreundehaus Hannover. Follow the signs for the Naturfreundehaus Hannover.

**By commuter train:** The entrance to the Üstra subway and commuter trains is located under platform 14 of the central station. Tickets can be purchased at the Üstra vending machines; choose the Zone 1 ticket. The train tickets are partially valid inside city limits. Take either commuter train line 3 direction “Altwarmbüchen”, line 7 direction „Schierholzstrasse,” or line 9 direction “Fasanenkrug.” Get off at the Spannhagengarten stop. Taking Hermann-Bahlsen-Allee on foot, it takes about 7 minutes to get to the Naturfreundehaus Hannover. Simply follow the signs.

**By car or bus:** From north and south on A7 to junction Hannover-Kirchhorst, change onto A37 (Moorautobahn and Messeschnellweg). Keep going until you reach the Weidetor roundabout, turn right onto Klingerstraße, then turn left onto Hermann-Bahlsen-Allee. On your left you will find a sign saying Naturfreundehaus Hannover.

From east and west on A2 to junction Hannover-Buchholz, turn onto A37 (Messeschnellweg), keep going until you reach the Weidetor roundabout and continue as described above.

Parking is available right in front of the area of Naturfreundehaus Hannover. The house is at the end of a small dead end street: no turn around for busses!

Please be reminded, that the Naturfreundehaus Hannover is located within a “green zone”. Environmental badge is obligatory (also for foreigners).

**By airplane:** Our national and international guests can fly into Flughafen Hannover in Hannover/Langenhagen. S5 runs on a 30-minute interval from 5:06 a.m. until 12:06 a.m. through central station. From there take the commuter train (a one-way ticket to the Naturfreundehaus Hannover is €2.80). In reverse, the commuter trains run from central station to the airport from 04:35 a.m. until 11:55 p.